

ARCHDIOCESE OF NYERI



FROM THE ARCHBISHOP'S DESK

My dear Priests, Religious and my dear Christians.

Praised be Jesus in the most blessed Sacrament! Now and forever!

“You did not choose me, no, I chose you; and I commissioned you to go out and to bear fruit, fruit that will last; so that the Father will give you anything you ask him in my name. My command to you is to love one another. (John 15:16-17)

Today, 13th June 2023, marks thirty years since I received the gift of priesthood on 13th June 1993, on the feast of Corpus Christi. On Sunday this week, we celebrated this great solemnity, and we have all accompanied Jesus in the Eucharistic processions, in joy and prayer. With great joy I write to you to share a few reflections.

When I received priestly ordination, I did not imagine the many things the Lord had laid in front of me, to serve Him and His people, and the plans that would end up in this wonderful Archdiocese as Archbishop.

I am so grateful for the blessings and graces God has granted me in these years, and that he has given His people through my ministry. I am therefore asking you all, to join me in thanking God for all these blessings. I ask you all to do so going more frequently for adoration. Adoration of the Eucharist, of Merciful and Loving Jesus present before us, is a foretaste of Heaven. We should go there to thank Him, adore Him, and ask Him for forgiveness and for our intentions.

We are going to celebrate this anniversary with the diaconate ordination of six young men on the 17th June 2023, in Christ the King seminary. This adds more labourers to the harvest but we still need more. We need to pray for more vocations from our families, and faithful priests. This must first start by our generosity in our families, by our families accepting the blessings of many children.

“Then he said to his disciples, “The harvest is rich but the labourers are few, so ask the Lord of the harvest to send out labourers to his harvest.” (Matthew 9:37)

We must continue praying for priests because without priests we cannot have the Eucharist. Let us encourage many young people to be generous to God and respond to his calling, not for material gain, but to serve:

“For the Son of man himself came not to be served but to serve, and to give his life as a ransom for many.” (Mark 10: 45)

Each christian is called to be generous with God in his own condition and vocation. Those called to priesthood and also religious life, by giving God their entire life and being, to serve Him and His people. Those in marriage by giving each other their lives in God, open to his

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will. We must be generous even in our support to our parishes and to our priests. But above all we in our parishes must be very generous in the support of the poor. Each parish must set a monthly budget for the support of the destitute and poor from our collections.

My dear mother, whom we recently escorted in her final journey to the house of the Father, has been the origin of my vocation. It was her prayer for a priest son that was answered in me. She has been my strongest support in my work as a priest and bishop, with her prayers and encouragement. I am sincerely indebted and grateful to her. It is for this reason, that I saw as the biggest gift for my anniversary, the great love and solidarity, the immense affection that all of you showed me and our family, during the farewell of our dear mother. This great love, showed to the whole world, the value of priesthood, and the dignity of a mother of a priest.

Thank you for your prayers, and especially the closeness of all of you: Lay Associations, Religious men and women, youth, Boda Boda, Teachers, Catechists, Schools, Business people, County leaders etc and especially the priests who organized and remained close throughout. We truly showed our unity as “one body of Christ”. This is what the Eucharist does to us. It brings us together in Love. It makes us sacrifice for one another. Jesus teaches us in the Eucharist, that heavenly joy and love starts here on earth. The final funeral mass was a true celebration of our faith, and the faith of our mother. Thank you all, and may Jesus in the Eucharist bless you all, and fill your hearts with joy and peace!


The Eucharist is truly the center of our Christian life. Let us therefore make efforts to attend Mass punctually and attentively, and prepare ourselves to receive communion. We ask priests to make arrangements to have more time for confession for our Christians. We also ask Christians to remove the barriers, especially of unsolemnized marriages so as to come to the table of the Lord.

We had placed some limitations in the liturgy during the time of Covid. Some of these were removed earlier. We now give new indications to return to the normal gestures in the Liturgy.

1. We can use Holy water at the entrance of all the Churches
2. We can also greet one another during the sign of peace. This gesture is more meaningful.
3. More importantly, we can resume communion on the tongue as has been traditional, always respecting those who wish to receive on the hand.
4. We remind Christians that we should fulfill the attendance of Mass on Sunday by physical presence. Mass on TV or Radio is not enough, except for those sick, attending to essential services, caring for sick, or otherwise impeded by serious reasons.

The feast of Our Lady Consolata is about to come. We thank her for the gift of the priesthood and ask her to be the consolation of our priests, and to help priests be the consolation of Gods people. Please remember me in your prayers!!

Your loving Shepherd


✠ Anthony Muheria

Archbishop of Nyeri

13th June 2023, Feast of St Anthony of Padua.



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