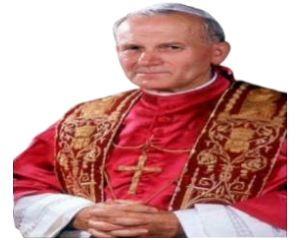




ADN YOUTH DEPARTMENT THE HOLY CROSS SPIRITUAL FORMATION PROGRAM



An Overview of the program

- The Youth Ministry must make Christ the center of all its programs.
- As a result, ADN Youth Department initiated a **Spiritual Formation Program** locally known as **Archbishop's Holy Cross** as a symbol of hope, friendship and prayer amongst young people where they can meet and experience Christ & God.
- The Holy Cross was given to our **Archbishop** by **Pope Francis** in **Panama**, *the host city of World Youth Day* in 2019 which took place from 22-27 January.
- The purpose of the Holy Cross is to revive the essence of prayer among the young people and let them have a taste of World Youth Days.

Required

1. The Holy Cross will be passed from parish to parish and youth to youth following an existing **Holy cross/prayer rally schedule**.
2. At an individual level, you are required in your daily prayers to pray for the young person who happens to have the Holy Cross at a particular day or time.
3. As a parish/local church, you are required to create a **Story Bank** with a series of thematic posts, your favorite pictures, testimonials or even videos with explanations on your daily experiences with the Holy Cross.

Experiencing God at a personal level

- Youth programs are only as successful as its ability to help young people experience God on a personal level. This is what the youth need in order to survive their youthful years thus the Holy Cross will play a big role in keeping the youth focused and help them connect their individual experiences in prayer.
- When youth get the revelation that they can have a personal relationship with God, it gives them a purpose by recognizing that their existence is part of a bigger plan. This recognition then propels them in all areas of life.
- Experiencing God is the most important aspect of a youth program.

Christ is the King of the Young People

Holy Cross Prayer (Prayer before the holy cross)

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Through the suffering of the Lord Jesus Christ on the Cross, may He strengthen me to bear my Cross without fear and give me the grace that I may follow Him.

May the Holy Cross of Jesus take away all evil from me, help me walk in the way of salvation. Preserve me from any temporal accidents and take away any danger from me. Amen

Mention your petitions...

St. John Paul II, our patron saint, intercede for me.

In the name of the Father, and of the Son and of the Holy Spirit. Amen